

# Do you have Fibromyalgia and would you like to meet others living with this condition?

A Fibromyalgia Peer Support Group will be running every Thursday  
afternoon at Shipley Library from January 13th

1.30pm until 3.30pm

If you are interested and would like more information you can drop in any  
Thursday for a cuppa and a chat  
or you can contact Rachel on

07946154166 / 01274 271088

We look forward to meeting you there!



Health Action Local Engagement  
Healthy Living Charity

Charity No.1123542  
Company No. 6443243