

Baildon Jubilee Walkers

Wednesdays 2.00pm

Join us for a weekly walk lasting up to an hour

We meet at Cecil Avenue, (off West Lane), Baildon BD17 5LH



Enjoy some gentle exercise and good company with experienced leaders Howard & Christine Lloyd. We are a friendly group, the walks are free and will help you to keep active in the outdoors with a steady pace to suit everyone.

For more information phone Well Together Service on 01274 259190 or email: Welltogether@bdct.nhs.uk
Or visit our Website to find out more about our service
<https://www.bdct.nhs.uk/services/well-together-service/>



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